

Australian Time Trials Association

Winter by the Lakes 3

3 September 2023

Champion Lakes



Place	Bib	Name	Category	Cat Place	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Total	Speed	Standard Time	Std Place	Comment
10km																	
1	20	Campbell McDowell	JM	1	08:16.0	07:50.0							16:06.0	37.3			
15km																	
1	24	Jaco Nel	JM	1	07:24.0	07:23.0	07:30.0						22:17.0	40.4			
2	25	Remy Patterson	JF	1	08:55.0	08:57.0	08:57.0						26:49.0	33.6			
3	60	Indiah Coupland	JF	2	08:35.0	09:03.0	09:17.0						26:55.0	33.4			PB
4	19	Dempsey Patterson	JF	3	11:24.0	10:59.0	10:36.0						32:59.0	27.3			
15km																	
1	44	Jamie Briggs	Road JM	1	08:44.0	09:17.0	09:51.0						27:52.0	32.3			
2	18	Ava Rodgers	Road JF	1	09:26.0	09:17.0	09:34.0						28:17.0	31.8			
20km																	
1	12	Lee Bolden	40-49M	1	07:06.0	06:53.0	06:50.0	06:41.0					27:30.0	43.6	05:43	2	
2	51	Richard Woods	50-59M	1	06:50.0	06:44.0	06:54.0	07:04.0					27:32.0	43.6	06:35	1	
3	56	Sean Ralph	Road 30-39M	1	06:58.0	06:57.0	07:00.0	07:11.0					28:06.0	42.7	04:17	4	Male Road bike record
4	43	Paul Borrett	50-59M	2	07:30.0	07:16.0	07:11.0	07:13.0					29:10.0	41.1	05:05	3	
5	29	Steve Oates	30-39M	1	07:27.0	07:25.0	07:19.0	07:05.0					29:16.0	41.0	03:07	7	
6	53	John Sonogo	50-59M	3	07:23.0	07:14.0	07:09.0	07:33.0					29:19.0	40.9	04:06	5	
7	15	Stuart Murray	40-49M	2	07:48.0	07:26.0	07:18.0	07:19.0					29:51.0	40.2	03:10	6	
8	50	Pieter Nel	40-49M	3	07:31.0	07:28.0	07:26.0	07:50.0					30:15.0	39.7	02:35	9	
9	32	Scott McDowell	Road 40-49M	1	07:39.0	07:45.0	07:40.0	07:33.0					30:37.0	39.2	02:42	8	
10	52	Troy Coulthard	40-49M	4	07:42.0	07:42.0	07:41.0	08:08.0					31:13.0	38.4	01:48	11	
11	42	Darren Wright	50-59M	4	08:02.0	07:46.0	07:47.0	07:42.0					31:17.0	38.4	02:35	10	
12	31	Sophia Sammons	Road JF	1	07:55.0	08:00.0	07:49.0	07:36.0					31:20.0	38.3			Female Road bike record
13	57	Jon O'Brien	Road 40-49M	2	08:01.0	07:55.0	08:26.0	08:11.0					32:33.0	36.9	00:17	12	
14	34	Damien Ross	30-39M	2	08:11.0	08:17.0	08:11.0	08:05.0					32:44.0	36.7	-00:32	15	
15	36	Stuart Taylor-Charnley	40-49M	5	08:12.0	08:22.0	08:25.0	08:18.0					33:17.0	36.1	-00:37	16	
16	39	Paul Burton	50-59M	5	08:45.0	08:30.0	08:19.0	07:58.0					33:32.0	35.8	00:06	14	
17	38	Kevin McIllduff	Road 50-59M	1	08:46.0	08:09.0	08:19.0	08:26.0					33:40.0	35.6	00:12	13	
18	11	Matt Kraus	40-49M	6	08:36.0	08:30.0	08:20.0	08:33.0					33:59.0	35.3	-01:09	17	
19	28	Lily Suckling	Road JF	2	08:47.0	09:22.0	09:14.0	09:08.0					36:31.0	32.9			
20	49	Hayden Long	MC4	1	08:36.0	08:34.0	08:23.0	11:28.0					37:01.0	32.4	-03:02	20	
21	22	Alicia Reynolds	JF	1	09:11.0	09:25.0	09:49.0	09:16.0					37:41.0	31.8			
22	23	Kate Burton	40-49F	1	09:47.0	09:32.0	09:30.0	09:16.0					38:05.0	31.5	-02:15	18	
23	46	Dennis Devereaux	60-69M	1	09:21.0	09:20.0	09:33.0	10:34.0					38:48.0	30.9	-03:40	21	PB
24	44	Nigel Reynolds	50-59M	6	09:33.0	09:37.0	09:38.0	10:09.0					38:57.0	30.8	-04:42	22	
25	20	Richard Williams	HC	1	10:07.0	09:53.0	09:41.0	09:48.0					39:29.0	30.4			
26	13	Malcolm Wilcox	70-79M	1	10:03.0	09:54.0	09:57.0	09:36.0					39:30.0	30.4	-02:45	19	
40km																	
1	14	Simon Hansen	30-39M	1	07:32.0	07:24.0	07:19.0	07:24.0	07:23.0	07:15.0	07:13.0	07:07.0	58:37.0	40.9	06:29		
2	26	Phil Monks	50-59M	1	08:31.0	08:28.0	08:20.0	08:19.0	08:18.0	08:08.0	08:32.0	08:14.0	1:06:50.0	35.9	02:24		
3	17	Clint Armstrong	30-39M	2	08:45.0	08:21.0	08:17.0	08:23.0	08:22.0	08:20.0	08:11.0	08:39.0	1:07:18.0	35.7	-02:12		

The weather was certainly variable this morning, with several riders reporting four seasons in four laps. It was probably the main reason for the high number of cancellations and no shows, with over one third of those registered not starting. However, this was compensated by the sizeable number of juniors who rode brilliantly despite the conditions. We look forward to welcoming you all again at future events, and hope that you can work ATTA events into your programmes, whether you are dedicated cyclists or budding triathletes. For those thinking about giving TTs a go, remember ATTA doesn't charge for under 18s to complete. And our fees are pretty reasonable for adults as well.

The provisional results are available on our website at [TEMPLATE_Results-Winter-by-the-Lakes-3.xlsx](https://www.squarespace.com/TEMPLATE_Results-Winter-by-the-Lakes-3.xlsx) (squarespace.com). To cherry pick a few, Lee Holden was the fastest rider this morning, and Sean Ralph the fastest on a road bike. Sofia Sammons turned in an admirable time as the fastest female over 20km in every category riding her road bike. More importantly congratulations to all of you who competed and returned times this morning.

Thanks to Steve Oates who looked after preparation of start lists, and today's timing and results. Stuart Murray took care of course set up and break down. Both also completing admirable four laps on their bikes. Megan Stalker was our starter today, assisted by Teagan Sonogo, both bravely managing through the worst of the early wind and rain including a ten-minute window with only one starter. John Healy sheltered under a tree to manage the desk. Mick Brammer took care of the bridge, and Darren Gilbert and Chris Roberts kept the event path safe at the residential end. Thankfully all of the volunteers turned up to enable the event to run as planned.

There were a few glitches with the timing today, so apologies for the lack of live timing, and late publishing of results. Thank you for your patience.