

Australian Time Trials Association

Winter by the Lakes 1

18 June 2023
Champion Lakes



Place	Bib	Name	Category	Cat Place	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Total	Speed	Standard Time	Std Place	Comment
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10km

1	10	Remy Patterson	JF	1	8:49.3	8:50.5							17:39.8	34.0			PB
2	7	Dempsey Patterson	JF	2	10:03.3	10:12.3							20:15.6	29.6			
3	8	Harvey Patterson	JM	1	10:35.5	10:43.0							21:18.5	28.2			
4	15	Phil Gyford	80-89M	1	14:23.2	15:05.0							29:28.2	20.4	-09:04	1	

20km

1	63	Michael Freiberg	30-39M	1	6:12.2	6:08.5	6:17.2	6:14.4					24:52.4	48.2	07:20	1	
2	13	Jeremy Smith	JM	1	6:38.8	6:37.8	6:38.8	6:34.5					26:29.9	45.3			
3	61	Matheos Venetis	50-59M	1	6:37.9	6:41.8	6:41.0	6:37.7					26:38.4	45.0	06:47	3	
4	39	Alec Vukovich	18-29M	1	6:44.6	6:47.5	6:48.9	6:44.3					27:05.4	44.3			
5	46	Travis Goad	40-49M	1	6:59.4	6:57.7	6:51.7	6:41.7					27:30.5	43.6	05:25	7	
6	19	Greg Rossiter	40-49M	2	7:01.9	6:52.0	6:50.1	6:47.8					27:31.8	43.6	05:08	11	
7	60	Chris Roberts	50-59M	2	6:50.3	6:57.6	6:59.9	6:58.6					27:46.4	43.2	06:13	5	
8	35	Steven Knight	60-69M	1	7:01.5	7:00.2	6:57.5	6:48.8					27:48.0	43.2	07:10	2	
9	58	Sean Ralph	Road-M	1	6:58.3	6:59.1	6:55.7	6:56.2					27:49.3	43.1	04:34	14	Male road record
10	27	David Bryant	30-39M	2	6:53.3	7:00.6	7:02.9	6:55.9					27:52.8	43.0	04:19	15	
11	50	David Sofield	50-59M	3	7:08.1	7:02.1	6:58.8	6:51.7					28:00.7	42.8	05:59	6	
12	65	Stuart Murray	40-49M	3	7:04.5	6:59.0	7:01.3	7:01.7					28:06.5	42.7	04:55	13	
13	55	John Sonogo	50-59M	4	6:58.8	7:01.0	7:07.9	7:05.7					28:13.5	42.5	05:12	10	
14	24	Simon Jones	50-59M	5	7:11.6	7:05.1	7:04.8	7:01.1					28:22.6	42.3	05:23	8	PB
15	28	Joseph Grasso	60-69M	2	7:17.4	7:24.2	7:21.5	7:19.2					29:22.4	40.9	06:30	4	
16	59	Thomas Bruins	Road-M	2	7:21.4	7:21.6	7:19.7	7:24.2					29:26.9	40.7	02:45	21	
17	48	Jacob Kavanagh	30-39M	3	7:25.8	7:32.9	7:28.9	7:20.5					29:48.0	40.3	02:24	24	
18	40	Darren Wright	50-59M	6	7:36.1	7:29.8	7:26.0	7:27.7					29:59.6	40.0	03:52	16	
19	49	Michael Vreeken	40-49M	4	7:25.9	7:32.1	7:40.3	7:30.4					30:08.8	39.8	03:04	20	
20	62	Pieter Nel	40-49M	5	7:35.2	7:35.2	7:31.3	7:31.4					30:13.0	39.7	02:37	22	
21	3	Jaco Nel	JM	2	7:30.5	7:32.6	7:39.6	7:37.6					30:20.4	39.6			
22	54	Troy Wainwright	40-49M	6	7:36.7	7:31.9	7:37.6	7:39.8					30:25.9	39.4	02:35	23	PB
23	43	Darren Gilbert	50-59M	7	7:43.9	7:38.0	7:35.8	7:35.7					30:33.4	39.3	03:41	17	PB
24	47	Rick Goulet	30-39M	4	7:56.0	7:46.0	7:45.2	7:32.4					30:59.7	38.7	01:12	27	
25	30	Steff Van Amerongen	40-49F	1	7:44.2	7:47.4	7:48.6	7:40.6					31:00.8	38.7	04:55	12	
26	11	James Gray	JM	3	7:51.1	7:54.6	7:58.8	7:48.0					31:32.5	38.0			
27	18	Peter Hiotis	18-29M	2	7:53.2	8:06.6	8:05.8	7:50.2					31:55.7	37.6			
28	32	James Tindall	Road-M	3	7:59.2	8:03.0	8:07.7	7:52.6					32:02.4	37.5			
29	45	Benjamin Lindsay	Road-M	4	8:06.9	8:05.8	8:03.9	7:47.2					32:03.8	37.4	00:08	32	
30	31	Stuart Taylor-Charnley	40-49M	7	7:57.8	8:01.6	8:08.2	8:06.5					32:14.1	37.2	00:26	31	PB
31	36	Greg Perry	60-69M	3	8:13.0	8:16.6	8:16.0	8:12.0					32:57.7	36.4	02:01	25	
32	57	James Spanswick	Road-M	5	7:56.7	8:19.9	8:27.0	8:24.5					33:08.1	36.2	01:07	28	
33	26	Cathy Bush	50-59F	1	8:03.6	8:23.9	8:26.8	8:14.0					33:08.3	36.2	03:35	18	PB
34	9	Bailey Paton	JM	4	8:12.1	8:21.6	8:19.7	8:15.9					33:09.4	36.2			
35	66	Matthew Trewick	Road-M	6	8:11.3	8:25.3	8:24.8	8:11.0					33:12.4	36.1	-01:00	34	
36	56	Summer Roberts	Road-F	1	8:26.5	8:20.9	8:18.8	8:14.2					33:20.5	36.0	03:29	19	Female road record
37	29	Chris Reid	50-59M	8	8:12.7	8:20.3	8:26.4	8:28.6					33:28.0	35.9	01:04	30	
38	25	Mark Lynn	Road-M	7	8:32.8	8:27.2	8:25.7	8:30.4					33:56.0	35.4	01:12	26	
39	33	Kevin McIluff	Road-M	8	8:35.5	8:32.0	8:31.7	8:20.3					33:59.4	35.3	-00:07	33	
40	22	Jenny Sammons	60-69F	1	8:34.5	8:29.7	8:33.0	8:25.0					34:02.2	35.3	05:18	9	
41	20	Robert van der Walt	Road-M	9	8:25.6	8:36.0	8:38.7	8:40.2					34:20.4	34.9	-01:08	36	
42	16	Daniel Dyer-Smith	30-39M	5	8:37.2	8:35.0	8:50.8	8:29.7					34:32.8	34.7	-02:21	40	
43	12	Joshua Till	JM	5	8:46.6	8:47.2	8:43.1	8:20.2					34:37.0	34.7			
44	64	Prince Reyes	50-59M	9	8:39.6	8:53.3	8:54.4	8:52.5					35:19.8	34.0	-01:55	38	
45	41	Gemma Ansell	40-49F	2	9:14.9	9:11.9	9:07.6	9:03.5					36:38.0	32.8	-01:05	35	
46	17	Ian Davies	70-79M	1	9:17.0	9:16.1	9:11.9	9:13.4					36:58.5	32.5	01:06	29	
47	37	Turi InnesManning	Road-F	2	9:17.5	9:27.3	9:37.7	9:32.2					37:54.7	31.7	-01:12	37	PB
48	14	Malcolm Wilcox	70-79M	2	9:45.0	9:47.2	9:43.7	9:29.9					38:45.8	31.0	-02:15	39	
49	21	Peter Vaughan	Road-M	10	9:46.9	9:56.0	9:45.1	9:34.3					39:02.3	30.7	-02:32	41	
50	2	Richard Williams	HC-M	1	9:42.3	9:58.6	9:54.7	9:43.6					39:19.2	30.5	-04:56	43	
51	51	Paul Loring	70-79M	3	9:50.6	10:00.6	10:02.4	10:06.0					39:59.6	30.0	-02:45	42	

40km

1	5	Kim Van amerongen	40-49M	1	7:45.1	7:34.8	7:33.7	7:37.6	7:30.2	7:38.3	7:31.4	7:25.5	1:00:36.7	39.6	06:05	1	
2	4	Alastair Milne	Road-M	1	7:45.5	7:55.1	7:52.3	7:49.1	7:47.8	7:48.3	7:44.6	7:43.8	1:02:26.4	38.4	04:16	2	
3	42	James Wallace	50-59M	1	8:28.5	8:29.3	8:35.3	8:36.6	8:40.8	8:36.4	8:37.3	8:28.8	1:08:33.0	35.0	00:09	4	
4	38	Emma Moon	30-39F	1	8:54.8	8:40.5	8:41.5	8:34.4	8:24.8	8:23.5	8:38.4	8:20.7	1:08:38.7	35.0	02:15	3	
5	6	Melinda Evans	40-49F	1	9:29.8	9:06.8	8:57.9	8:59.9	9:07.5	9:18.1	9:01.2	9:06.9	1:13:08.0	32.8	-00:58	5	

WINTER BY THE LAKES 1 – Race Report

Another cool and still morning greeted riders for today's event, near ideal conditions for cycling and 7 riders set new PBs for the course. Lots of generally positive comments around the finish area about how good it was to be riding despite the low temperature.

Michael Freiberg set his usual blistering pace prompting numerous comments about his speed as he passed other fast riders. Jeremy Smith held the fastest time for most of the day until Michael's ride, a great effort considering Jeremy rides in the JM category. Steff Van Amerongen was the fastest of the females over the 20km distance.

After today we have course records for both road bike categories – female, Summer Roberts 33:20.5 and male, Sean Ralph 27:49.3 – that others can aspire to trying to improve at future Champion Lakes events. There were 12 riders in the 20km and 1 in the 40km who nominated to ride road bikes which is a great start for these new classifications. Welcome to the new riders today, hopefully you enjoyed the experience and will be back to join us again in the future.

Thanks to the band of volunteers that assisted at today's event. Troy Wainwright towed the trailer and set out the signs; Adam Jones managed the desk; Megan Stalker was starter assisted by Olivia Vogel; Cheryl Dal Passo and Evie Dal Passo covered the residential area keeping the walkers off the course; Steve McKiernan was at the bridge stopping traffic; Paul van der Walt was Focal Point and David Equid handled the entries and timing system for the event.